

10–13th of March 2027

KYOTO IMMERSION

a 22 hour CET with Sean plus special guest

On an immersion, your practice is our priority. Instead of squeezing your yoga practice in between meetings and family commitments, dedicate 4 days to learning and connecting with like-minded humans, in Kyoto.

Are you a curious practitioner keen to make progress? Maybe an aspiring or existing teacher looking to hone your craft? Either way, this immersion is for you.

SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 March	**11 March**	**12 March**	**13 March**
9:00 – 12:00 Morning practice	9:00 – 12:00 Morning practice	9:00 – 12:00 Morning practice	9:00 – 13:00 Morning session, slightly longer
14:00 – 17:00 Science of Stretching workshop	14:00 – 17:00 Inversions workshop	14:00 – 17:00 Science of Sequencing workshop	13:00 – 18:00 Afternoon free
			18:00 Group dinner

LOCATION

All sessions are at TREE rental studio (Gojo branch), an 8 minute walk from Gojo station.

It's a quieter, neighbourhood part of Kyoto, still within walking distance of the major sights and, most importantly, the food market.

The studio is ours from 9am to 5pm, so you can leave your things there over lunch.

View on Google Maps

GETTING THERE

From Kansai airport, take the Haruka train (¥3,500) or the airport limousine bus (¥2,800). Both take about 90 minutes.

Arrive by Tuesday evening, 9 March. The first session starts at 9am on Wednesday.

On the last night we would love to take you all out for dinner, so we suggest flying home on Sunday 14 March. If you need to leave on Saturday after the morning session, we understand.

ACCOMMODATION AND FOOD

Kyoto has no shortage of places to eat and stay at every budget, simple or luxurious. Besides sleeping, how much time will you really spend in your room?

WHAT YOU GET

INCLUDED

- 22 hours of yoga classes and workshops, certified by Yoga Alliance
- Group dinner on the final evening
- Studio-quality mats, straps and blocks
- WhatsApp group to meet and make plans with other guests
- A Zoom call a week or so before the trip

NOT INCLUDED

- Flights
- Accommodation
- Food (besides the group dinner)
- Travel insurance
- Transport in Kyoto

INVESTMENT

HKD 7,500
First 5 people

HKD 8,500
After that

Register your interest here and we will get back to you :)

Once we have an idea how many people are interested, we can confirm which room we rent in the studio :)